

Straightening the Wheel

The Sanskrit word *dukham* means literally “bad axle space,” a reference to an improperly attached cartwheel, which leads to a bumpy ride. It can also be translated “a bone twisted out of its socket.” The most common translation is “suffering,” the widespread condition of the Kali Yuga.

Perhaps it is merely coincidence that the first bones below the skulls of most humans lie in an asymmetrical position, neither synchronized with the skull above nor with the axis (the second cervical bone) below—sort of like an improperly fitted wheel and axle. Yet in a quantum universe....there is no such thing as coincidence.

Gentle suggestions to the human energy system, using a very ancient language of vowels and tones, can stimulate the bioelectric field in such a way that the twist is spontaneously relieved. In the faint dawn of Dwapara Yuga, this new possibility has been allowed to enter into physicality, having slept through the previous age.

Releasing this area where the head meets the neck relaxes the entire system. Most human beings are born with substantial spinal tension (due to the improperly fitted “wheel”) which creates a wringing effect upon the spinal cord. Using a specific sequence of tones or codes, the ancient language offers an alternative energetic condition to the status quo and invites the unwinding of this inherent torque. The process is safe, gentle, and non-invasive, without any manual manipulation. It is appropriate for young children, and can produce greater symmetry than what was formed in the womb. After a woman experiences this liberation, all children born to her do not need this treatment since they emerge with the new symmetry already completed. This makes for children with precocious movement. Numerous examples of this include an infant who could easily lift and turn her head moments after birth and a toddler who walked unassisted at the age of seven months.

The spinal configuration affects everything within the human body beginning with the foramen magnum, the hole in the back of the skull

which allows passage of the spinal cord. This profound release and newfound freedom can be observed in obvious postural improvements, lengthening of the neck, greater symmetry in the pelvis, shoulders, and skull, and increased blood flow to the brain and face. The human body is then more able to heal itself, frequently after a period of detoxification. After what we call the “installation” of the atlas (since before the entry of these codes, the bone was so crooked that the joint did not function properly and could be considered “offline”), cleansing of various organ systems proceeds spontaneously, due to the increased flow of prana in the spinal column.

If needed, the organs can be further detoxified and upgraded through the offering of further sets of codes.

The atlanto-occipital joint, where the head connects with the neck, is an important junction for cerebral nerves, descending nerves, movement of spinal fluid, and ascending flow of blood. Any spinal tension which begins here creates restriction, reducing circulation to the brain, and may result in faulty transmission of information between the brain and the body. This creates disorder in the natural balance of the various systems. Since sensory organs, organs of equilibrium, and all interior viscera must interface with the brain, the lessening of pressure in this area can have a positive impact on a host of diseases, such as Parkinson’s Disease, Multiple Sclerosis, Tourette’s Syndrome, Meniere’s Disease, and Disembarkment Syndrome. Many cases of neck and back pain are also assisted by the first level of these codes.

Not only is the physical system affected, but emotional patterns and overall mental state are also improved. By releasing the inherent holding pattern in the upper neck, we create better head-to-body connection. Increased self-awareness, relaxation, and overall well-being are achieved. This allows for more profound meditations, and for inner silence to penetrate the body. Mentally and emotionally, it allows for greater sense of freedom, centeredness, and grounding.

Based in this new experience of reality, decision making has much more clarity, and the spirit, qi, or vital force, is more able to act and to

be felt. Not only is there a slight literal increase in height, but for many there is also an intensified feeling or experience of one's auric field rising far above the physical head. This can give one a new perspective, as though one were much taller or could perceive the world from a higher vantage point.

Part of one's journey towards enlightenment is to bring the fine heavenly energy down from the crown through the body to the earth and also to channel the nurturing earthly energy up from the feet, offering it to the sky. Anything that we can do to open our central core to this connection is helpful to our purpose. By opening the brain-body junction, we step anatomically into the arena of the greater potential that we already sense deeply and intuitively. For many, mental chatter decreases and there is more profound dialogue with the higher self or divinity within. We are more able to download our intention for incarnation and manifest our desires.

The full development of the brain is an essential element in achieving our loftiest spiritual potential. The experience of ourselves as multi-dimensional beings in communication with and having conscious influence upon all levels of our world awaits us just around the bend. We have been waiting a very long time for this. Now is the time and here is the invitation.

Beverly Welbourne offers these codes in person at Stillpoint Center located in Blue Ash, Ohio, and also long distance by phone or on zoom. She can be contacted at 513-489-9777 or via e-mail at bjwelbourne@hotmail.com.